FIVE BRIDGES LOOP

(33 MILES, 53 KM)

ROUTE DETAILS



A challenging daytrip loop plotted around five villages and their famous bridges
visitscotland.com/cyclingroutes

Tullochgribban
Caich
Plantation
Caich
Caic



LEVEL Challenging



DESCRIPTION

Minor roads, farm and estate track and sections of signed National Cycle Network Route 7

TIME

3 - 4 hours

VIEW POINTS / ATTRACTIONS

- A CARRBRIDGE PACKHORSE BRIDGE Carrbridge PH23 3AB
- B SPEYSIDE STEAM RAILWAY
 Boat of Garten Railway Stn, PH24 3BH
- MUCKRACH WORLD FAMOUS HIGHLAND COOS by Muckrach Hotel, Dulnain Bridge, Grantown-on-Spey PH26 3LY
- BOOMHILL STATION
 Grantown-on-Spey PH26 3LX
- LOCH GARTEN NATURE RESERVE
 Nethy Bridge PH25 3HA

ROUTE PROFILE

Total Ascent 416m

Highest Point 278m



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ROUTE DESCRIPTION

Completing the '5 Bridges' route is a popular local cycling challenge, with the journey beginning and ending in the bustling hub of Aviemore.

The first four bridges are located in the nearby villages of Carrbridge, Dulnain Bridge, Nethy Bridge, and Coylumbridge. The final stop is the Old Bridge Inn, Aviemore, where you can celebrate completing the challenge in the traditional manner!

This route combines sections of the Speyside Way, Route 7 of the National Cycle Network and a mixture of local roads. With an abundance of refreshment stops and some of the finest local views along the route, there is plenty to see and do as you complete this legendary local challenge.

ROUTE LEVEL CLASSIFICATIONS

Introductory

DISTANCE **FEW TO NO HILLS**

Intermediate DISTANCE

TFRRAIN

15-35 KM SOME HILLS Challenging

DISTANCE **TFRRAIN**

>35 KM HILLY

THE DISTANCES MAY VARY SLIGHTLY FROM THE CLASSIFICATION DEPENDING ON THE AMOUNT OF HILLS AND THE NATURE OF THE ROUTE

FRIENDLY STOPS

<15 KM

MIKES BIKES

TFRRAIN

5A Myrtlefield Shopping Centre, Aviemore PH22 1SB 01479 816212



DFI I MAIR

Myrtlefield House, Grampian Road, Aviemore, PH22 1RH 01479 810 270



SPEYSIDE HEATHER CENTRE

Skye of Curr Rd, Grantown-on-Spey PH26 3PA 01479 851359

THE BARN

Rothiemurchus Centre, Aviemore PH22 1QH 01479 810005





